



### FRICTIONLESS ENERGY EFFICIENT CONVERGENT WEARABLES FOR HEALTHCARE AND LIFESTYLE APPLICATIONS

- Overview -



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### Global Challenges for Humanity in 21st Century

#### **1. Climate Change**

Greenhouse gas emissions must be drastically reduced within the next decade to stay within 1.5°C of warming above pre-industrial levels to avert the worst impact of climate change.



Source: NASA, Images of Change



Met Office predicts 2014-23 will be the warmest decade for 150 years Temperatures average about 1°C above 1850-1900 levels



#### Global Challenges for Humanity in 21st 101101100107 111100001010 Century 010111100000 1111011011000

#### 2. Energy

Energy We are at a crucial point on how we make and use sustainable energy.



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## Global Challenges for Humanity in 21st Century

#### 3. Health

The 20<sup>th</sup> Century reactive healthcare model is unsustainable!

Health care spending as % of GDP



The median increase in health care spending has been 2% points above GDP for nearly 50 years in all OECD countries, with only minor fluctuations. Expectations:

- 30% of GDP in the United States by 2040 (up to 97% in 2100)
- 30% of the median OECD GDP by 2070

We need a paradigm change: a P3 Digital Healthcare revolution Technology to play a big role!

# How technology can help for global challenges?

- Every day **new evidence of our unsustainable impact** on the environment is emerging.
- We have a critical window of opportunity to put in place commitments and actions to reverse the trend of nature loss.
- Digital Technology should play a crucial role in decoupling development and environmental degradation.

## Edge-to-Cloud Technologies and Al



## The exposome: from concept to utility

The exposome would require Edge AI enabling technology to measure and interpret exposures over the life course of an individual.

Table 1 Some examples of approaches and tools to measure the exposome

Approach	Tools
Biomarkers (omics)	
General	Genomics, transcriptomics, proteomics, metabolomics, epigenomics
Targeted	Adductomics, lipidomics, immunomics
Sensor technologies (including mobile phones)	Environmental pollutants, phys- ical activity, stress, circadian rhythms, location [global positioning systems (GPS)]
Imaging (including mobile phones, video cameras)	Diet, environment, social interactions
Portable computerized devices (including palmtop computers)	Behaviour and experiences (ecological momentary assess- ment), stress, diet, physical activity
Improved conventional measurements (com- bined with environ- mental measures)	Job-exposure matrices; dietary recall (e.g. EPIC-Soft)

Human exposome: totality of environmental exposures encountered from birth to death; includes a diverse mix of dietary nutrients, pharmaceutical drugs, infectious agents, and pollutants.



#### *My Exposome*: understanding personalized environmenthealth interactions enabled by CONVERGENCE



#### Environmental related diseases:

- CARDIOVACULAR DISEASES: 2.5 million people die every year from cardiovascular disease attributable to pollution.
- **RESPIRATORY INFECTIONS:** more than 1.5 million deaths annually from respiratory infections due to environment.
- CANCER: environmental accounts for an estimated 31% of global lung cancer burden.
- **DIARRHOEA:** about 1.5 million deaths per year from diarrhoeal diseases; 88% of all cases of diarrhoea attributable to water and hygiene.
- MALARIA, INTESTINAL NEMATODE INFECTIONS, HEPATITIS B and C, TUBERCULOSIS, etc.

Human Exposome data is key part of personalized prevention and early detection with Digital Twin technology.

## CONVERGENCE: CONCEPT & GOALS (1)

## Energy efficient wearable platform:

- low power bio- and environmental sensors
- energy management
- wireless communication
- heterogeneous integration
- data transfer and analytics
- preventive life-style and healthcare applications



## CONCEPT & GOALS (2)

Convergence of technologies into smart sensing systems driven by life-style and health care applications: enable access to MyExposome and its impact of healthcare.



## CONSORTIUM

#### https://www.convergence-era.org/

- 1. EPFL Ecole Polytechnique Fédérale Lausanne
- 2. IUNET Consorzio Nazionale Interuniversitario Per La Nanoelettronica
- 3. UCBM Università Campus Bio-Medico di Roma
- 4. TAGLIAFERRI Srl
- 5. CEA Commissariat à l'Energie Atomique
- 6. UCL Université catholique de Louvain
- 7. IMT National Institute for R&D Microtechnologies
- 8. HCC Hirslanden Clinic Cecil
- 9. METU Middle East Technical University
- 10. ETHZ Eidgenössische Technische Hochschule Zürich
- 11. ENEA Italian National Agency for New Technologies, Energy and Sustainable Economic
- 12. UNICA Università degli Studi di Cagliari
- 13. G-INP Institut Polytechnique de Grenoble
- 14. ST STMicroelectronics
- 15. EDI Elektronikas un datorzinatnu instituts
- 16. UTBV Universitatea Transilvania din Braşov
- 17. UTT Tallinn University of Technology



## Workplan & Major milestones



# WP1: Wearable physical and physiological sensors



- **1st prototype ECG contactless sensor**: Supply Voltage = 6V, Dimensions: 65 cm2, Separated electrodes
- **2nd prototype ECG sensor:** Supply Voltage = 3.6V, Dimensions: 50x28 mm, Separated electrodes
- 3rd prototype ECG sensor: Electronics & electrodes cointegrated

TALLINN UNIVERSITY Measurement of radial bioimpedance radial form and new electrodes



- Development of silicon nanonet aptasensors based on electrical field effect detection
- Extended-gate ISFET for wearable sensors based on Lab-On-Skin
- 1st wearable troponin ISFET sensor



## WP1 – ISFET sensors for the detection of pH and electrolytes in human sweat: Lab-On-Skin<sup>™</sup> wearable platform (1)

Main achievements:

- a multianalyte sensing platform that incorporates high performance, high yield, high robustness, threedimensional-extended-metal-gate ISFETs (3D-EMG-ISFETs) realized by the post processing of 0.18 μm CMOS.
- the detection of four analytes (pH, Na+, K+, and Ca2+) was reported with excellent sensitivities (58 mV/pH, -57 mV/dec(Na+), -48 mV/dec(K+), and -26 mV/dec(Ca2+)) close to the Nernstian limit, and high selectivity, achieved by the use of highly selective ion selective membranes based on post-processing and integration on CMOS chips.



J. Zhang et al, ACS Sens. 2019, 4, 8, 2039-2047, July 8, 2019.

#### WP1 – ISFET sensors for the detection of pH and electrolytes in human sweat: Lab-On-Skin<sup>™</sup> wearable platform (2)

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- sub-nanoWatt, selective 3D-EMG-ISFETs as enablers of arrayed Multi-Ion Sensingsensing
- Fully reversible measurements
- Time response < 5s
- Selective simultaneous sensing of #different analytes demonstrated (Na+ and K+)

#### **EPFL's ISFET chips:**

- transferred to CEA-LETI for integration on the flexible CONVERGENCE platform
- new cooperation with IUNET for modeling of noise & understanding limit of detection (LoD).





# WP2: Environmental sensors generations in CONVERGENCE (ETHZ)

- gases (O<sub>3</sub>, NO<sub>2/x</sub>, SO<sub>2</sub>, CO, CO<sub>2</sub>, VOCs), particles (PM2.5, PM10) and relative humidity (R.H.).
- Resolution: according to EC Standards
- Power consumption: ~10μW (incl. ROIC).
- Form factor (size): 0.1-1cm.
- Reporting rate: 1-10 Hz.
- Extensive benchmarking of CONVERGENCE and outsourced gas sensors

(M15)

(M24)

1<sup>st</sup> generation of gas sensors for system integration and **early data collection** 

2<sup>nd</sup> generation of gas sensors

ready for on-foil integration

optimized for energy-efficiency



alphasense CO-B4 alphasense NO<sub>2</sub>-B4 aeroqual SM-50 (O<sub>3</sub>)



#### WP2: Environmental sensors -Major Achievements

4 Portable Sensor Modules Developed (NO<sub>y</sub>, NH<sub>3</sub>, CO, CO<sub>2</sub>) which can ٠ communicate with a cell phone via BLE (thanks to on-board nRF51 chips)

ETHZURICH UCL ENEN IMT-Bucharest

- 1 Sensor Readout IC in 180nm CMOS
- 1 Integrated Functionalized Multi-Sensor Chip (NO<sub>x</sub>, NH<sub>3</sub>, CO) for on-foil

integration UCL ENEN IMT-Bucharest

1 Comprehensive Survey on Air Monitoring Sensors [Maag et al., IEEE IoT J, 5 (2018) 4857, 10.1109/JIOT.2018.2853660]







### WP2: Example of great achievement (ETHZ)



• Accepted at nanoFIS 2020. Extended paper invited to mdpi Sensors (June 2020)

## WP6: Test platforms and **heterogeneous integration** on flexible substrates (CEA-LETI)

#### **T6.1 IoT platform on a rigid substrate**

Generic demonstration platform on a rigid substrate with Bluetooth Low Energy communication compatible with different kind of sensors and energy harvesting sources

#### Rigid energy harvesters platform

- Design and fabrication
- Laboratory tests
- Compatible with different energy harvesting sources (light, vibrations, flows,...)

#### Rigid sensors platform

- Design and fabrication
- Laboratory tests
- Data emission in BLE (bluetooth low energy) at 10 Hz
- Compatible with different kind of sensors in order to interface with the sensors provided by the partners

Strong cooperation with partners for the tests

• EPFL; UCL; IMT; ENEA; G-INP; IUNET





## WP6: Test platforms and heterogeneous integration on flexible substrates (CEA-LETI)

#### **T6.2** IoT platform on a flexible substrate: architecture & design



## WP6: Test platforms and **heterogeneous integration** on flexible substrates (CEA-LETI)

#### **T6.2 IoT platform on a flexible substrate**



Design and fabrication Flex PCB in kapton

- Bluetooth Low Energy 2.4 GHz
- Antenna circuit designed by GINP.
- Datas visualization in real-time with specific App

#### Laboratory tests with:

- Embedded activity, T° and humidity sensor
- EDI activity platform
- IsFET from EPFL
- T° sensor from GreenTEG

## Ongoing: experiments and validation tests with the flexible substrate platform @ CEA-LETI



## WP6: deliverables and major milestones

#### Deliverables

**D6.1** Communicating Testing platform for energy harvesters and sensors available –[*M6*] **Done: object + report** 

D6.2 Test reports on first test platform with energy harvesters and sensors – [M12] Done: report

**D6.3:** system definition for a IoT platform on flexible support for wearable applications [M14]  $\rightarrow$  **Done:** report

**D6.4**: Proof of concept of highly flexible sensor node available [M36]  $\rightarrow$  **Done: report** 

**D6.5:** Generic ioT platform on flexible substrate available [M24] → **Draft objects (+ report)** 

#### **Major Milestones**

**MM6.1** WP6 Test platform for sensors and Energy harvesters available [*M6*]  $\rightarrow$  *Achieved:* objects

**MM6.2** WP6 Test platform for sensors and Energy harvesters available [M24] → In progress (platform achieved, tests with partners sensors in progress)

### Extension work objectives (+6 months) in WP6

- 02/20: EDI platform test at CEA-Leti
- 03/20: Bonding test of gas sensors dies at CEA-Leti
- 04/20: Platform delivery to EDI and EPFL for tests by partners
- 05/20: Final integration on the flexible demonstrator at CEA-Leti (wire bonding)
- 06/20: Gas sensor tests & conclusion
- 09/20: Final report with validations



## Wp7: Application scenarios and validations (ENEA)

#### 3 Different scenarios and unified framework: development using baseline sensor technology



**Frailty:** Monitoring frail people gait for assisted living and rehabilitation purposes based on IMU sensors.



#### **Coronary Artery Disease:**

Monitoring CAD patients with non-contact wearable ECG for extended follow up



Active Life: Promoting & Improving Active life for asthma patients, elderlies and active population removing air pollution barriers



## WP7: Progress and major achievements

- ENEA team: S. De Vito, T. Polichetti, E. Esposito, E. Massera, S. Ferlito, F. Formisano, B. Alfano, M. Miglietta
- Strong cooperation with project partners for
  - sensors testing by making available chemical sensors controlled atmosphere laboratory and hosting research visits form partners: EPFL; UCL; IMT; ENEA; G-INP
  - validation set ups and components with EDI, UCBM, UNICA, IUNET, Tagliaferri
- NO2 Graphene based sensor
  - Design and fabrication
  - Laboratory tests
- Electrochemical sensors based mobile AQ monitor
  - Laboratory tests
  - Integration & Long term colocation field tests
  - IoT Backend development
- Demonstration of feasibility of long term operation of low cost sensor based mobile platforms
  - Advanced calibration strategy design implementation and testing
  - Network calibration strategy implementation and testing









## Active Life: Example of validation

#### Functional/proof-of-concept Validation tests with first version ancillary devices



45 Users

30 cities/towns in 9 Italian Regions

1 month test usage x User

### WP7: Deliverables

Deliverables

- D7.1 Requirements Definition Document for Wearable systems –[M6] Done, report
- D7.2 Validation Planning for Active Life Scenario- [M24] Done, report
- D7.3: Validation Planning for CAD Scenario- [M24] Done, report
- D7.4: Validation Planning for Frailty Scenario [M24] Done, report
- D7.5 Validations Report on wearable systems [M32] → In progress [6 month extension -> M42]

# Rationale for 6 month project extension (September 30th, 2020)

- Finalization/completion of 4 key deliverables in WP1, WP2, WP6 and WP7 (particularly concerning the validations of wearable sensor applications in healthcare scenarios and of the heterogeneous integration flexible demonstrations) with high quality content
- Use at best of all remaining resources for the work mentioned at point I as well as to better prepare the future
- Organization of two final dissemination events in September 2020; a special session at Eurosensors 2020 in Italy, and, a CONVERGENCE summer school by ENEA
- Preparation and submission of a Consortium wide review paper with our major achievements in the Journal Sensors of MDPI Sensors (www.mdpi.com/journal/sensors), in a Special Issue of Sensors (Guest Editor, Fernanda Irrera, Uni Roma Sapienza) on Wearable/Wireless Body Sensor Networks for Healthcare Applications.
- Italian partners have faced multiple challenges in starting and carrying activities without a distributed budget and a very late confirmed (signed) project.

## CONVERGENCE contribution to CSA FET Flagship Health EU

• 12 partners of CONVERGENCE active in building Health EU

The missing link of the 21st century for breaking barriers between Medical Knowledge Creation and Medical Knowledge Application

Creates a P3 Citizen – Human Avatar – Clinical Professional triangle



#### Human Avatar Integrative Technology Platform



# Conclusions: scientific dissemination and project valorization

#### Publications (> 40)

- International peer reviewed journals
- International peer reviewed conferences
- National conferences
- Planned in extension: 1 invited review paper of CONVERGENCE in MDPI Speciall Issue Journal

#### Patents

- 2 patents (UTT Tallin): impedance analysis by digital excitation; quantization of response signal differences
- 1 patent pending (EPFL + Xsensio): Troponin wearable sensors

#### Sessions and outreach

- Special session at NEWCAS 2018 (Joint)
- CONVERGENCE strong involvement in <u>www.health-eu.eu</u> proposal
- Special Session @ Eurosensors 2020
- Convergence Summer School (organized by ENEA), 6-9 September, Lecce, 2020.



## Conclusions

- CONVERGENCE made great scientific and technical progress in both wearable (bio and gas) sensor developments, their integration on heterogeneous flexible platform and validations in defined scenarious
- All milestones are achieved
- 4 final deliverables needs extra-work (~6 months) for completion with existing resources
- Convergence parnters contributed to Health EU CSA FET Flagship (was on waiting list of funding, all thresholds passed): possible follow-up in Horizon Europe
- Two final dissemination events planned in Septmeber 2020: special session @ Eurosensors 2020 and Convergence Summer school.

## CONVERGENCE WP1 – WP4 activities

Luca Selmi – IUNET Consortium





3RD REVIEW MEETING - ROMA - 25.2.2020

# WP1: Physico-physiological sensors (lead: EPFL)

- Device level:
  - EPFL: Multisensor platfom (pH, Na+, Cl-, K+, Ca2+ and troponin)
  - UniUD+UniMoRe: Sensor modeling and simulation at device and SPICE level (DC, AC, transient, noise)
- Circuit level
  - EPFL: Integrated readout for Multisensor platform
  - UniBO: Enery efficient ultra low power multi-parameter event-driven readout
- System level
  - EPFL: Sweat Biomarker Sensor Incorporating Picowatt Ion Sensitive Field Effect Transistors
  - UCBM: Wearable ECG with electronics and electrodes integrated in one device

3RD REVIEW MEETING - ROMA - 25.2.2020

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- Detection of four analytes (pH, Na+, K+, and Ca2+)
- Excellent sensitivities, close to the Nernstian limit
- High selectivity with highly selective membranes



J. Zhang et al, ACS Sens. 2019, 4, 8, 2039-2047, July 8, 2019.
### WP1 – ISFET sensors for the detection of pH and electrolytes in human sweat: Lab-On-Skin<sup>™</sup> wearable platform (2)

ID. [A]

- sub-nanoWatt, selective 3D-EMG-ISFETs as enablers of arrayed Multi-Ion Sensing
- Fully reversible measurements
- Time response < 5s
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- new cooperation with IUNET for modeling of noise & understanding limit of detection (LoD).





## WP1: Modeling of potentiometric ion sensors (IUNET UD+MoRe): last year

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#### Past activity: DC, AC and transient Verilog-A model of ISFETs

- New: Physical model for the surface charge induced by binding of ions/analytes
  - Arbitrary number of chemical reactions (binding/unbinding) can be included
  - Computes the chemical noise (full spectrum) via master equation
  - Provides the threshold-voltage shift of MOSFETs with extended gate 10<sup>4</sup>
    <u>New:</u> Physical model for ion-selective membranes
    DC model with fixed charge, free ions and ionophores
    <u>New:</u> Circuit model of the surface impedance and poise (see sketch)
- New: Physical model for ion-selective membranes
- New: Circuit model of the surface impedance and noise (see sketch)
  - Add-on to any MOSFET compact model
  - Computes threshold voltage shift / AC impedance /noise PSD





# WP1: Impedance sensing (IUNET-UNIBO)

Energy efficient event driven read-out front-end Ultra-low power ADC and specific circuits for activity, multi-parameter sweat sensors and body temperature



Enabling reduced cost for

complex wearable devices

Energy-efficient implementation of two algorithms for the real-time estimation of time-dependent impedance and impedance spectrum.



Energy efficient event driven read-out front-end & ultra-low power ADC and specific circuits for activity, multi-parameter sweat sensors and core body temperature

## Last year results (IUNET-UNIBO)

Implementation on the energy-optimized digital processing GAP8 platform

First characterization in lab.







## WP1: UCBM overall scientific results

Date	Results	
April 2017	First prototype of the ECG contactless sensor Supply Voltage: 6V Dimensions: 65 cm <sup>2</sup> Separated electrodes	
September 2018	Second release of the ECG sensor Supply Voltage: 3,6V Dimensions: 50x28 mm Separated electrodes	
March 2019	Starting of the clinical experiment in CAD scenario	
January 2020	Final device of the ECG sensor Electronics and electrodes integrated in the same device	3

Measurements in the UCBM hospital (Unit of Cardiosurgery)





# WP2: Environmental gas sensors (lead: ETHZ)

- Device level:
  - ETHZ: CNT-based Nox sensor
  - UniBO: Sensor modeling and simulation at device level (DC, AC, transient, noise)
  - UCL:
- Circuit design level
  - ETHZ: Integrated readout for 4 channels Nox sensor
- System design level
  - ETHZ, ENEA, UCL, IMT: 4 Portable Sensor Modules Developed (NO<sub>x</sub>, NH<sub>3</sub>, CO, CO<sub>2</sub>)
  - UCL, ENEA, IMT: 1 Integrated Functionalized Multi-Sensor Chip (NO<sub>x</sub>, NH<sub>3</sub>, CO) for on-foil integration
  - ALL: One comprehensive Survey on Air Monitoring Sensors

# WP2: Major Achievements

4 Portable Sensor Modules Developed (NO<sub>y</sub>, NH<sub>3</sub>, CO, CO<sub>2</sub>) which can ٠ communicate with a cell phone via BLE (thanks to on-board nRF51 chips)

ETHzürich UCL ENEN IMT-Bucharest

- 1 Sensor Readout IC in 180nm CMOS
- 1 Integrated Functionalized Multi-Sensor Chip (NO<sub>x</sub>, NH<sub>3</sub>, CO) for on-foil



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1 Comprehensive Survey on Air Monitoring Sensors [Maag et al., IEEE IoT J, 5 (2018) 4857, 10.1109/JIOT.2018.2853660]







## ETHZ-MNS: Scientific highlights 2019



- Carbon nanotube NOx gas sensor ASIC in UMC 180nm CMOS (tape-out Jul 2018, chips back Mar 2019)
- Up to 4 multiplexed CNT sensor channels
- Novel TIA architecture, 160nW, 56dB SFDR, 109dBOhm Accepted at ISCAS 2020
- SAR ADC, 7.57bit ENOB, 0.22pJ/conv. FoM
- Programmable (8bit) Ambipolar Gate bias (-5,5)V based on Dickson charge pump
- Programmable (6bit) V<sub>sd</sub> bias
- Blocks tested. Full-system demonstration with CNT gas sensor in progress (June 2020)

# WP2: Sensor device M&S (IUNET-UniBO)

Goal: Multi-physics simulation through TCAD tools (SDevice by Synopsys) of the  $NO_{2/x}$  CNT sensors by ETHZ (T2.1)



## ETHZ-MNS: Overall scientific results



- Portable Carbon Nanotube NOx Sensor, nA to μA range, 20bits resolution, 3.12 kSPS, 5.2 ppm FSR noise factor, 76 mW average power (incl. BLE), 50 ppb NO<sub>2</sub> LoD.
- Accepted at nanoFIS 2020. Extended paper invited to mdpi Sensors (june 2020)

## ETHZ-MNS: Overall scientific results



- Initial-slope and steady-state sensing strategies nave been systematically compared
- Initial-slope reduces response time from ~30min to a usable 5min. It is also superior in linearity. RMS ~12ppb NO<sub>2</sub>
- Results published in Satterthwaite et al., SNA B 297 (2019) 126674 [10.1016/j.snb.2019.126674]
- Two successful doctoral dissertations at ETHZ
  - Eberle [<u>10.3929/ethz-b-000391248</u>] on *Ultra-clean suspended carbon nanotube gas sensors*
  - Jenni [10.3929/ethz-b-000394631] on Optimization of Contacts in Suspended CNTFETs



## WP2: UCBM overall scientific results

Date	Results
April 2017	First release of the CO2 sensor1Supply Voltage: ±6V1Input Signal: Triangular Wave ±1VDimensions: 15x12,5x6 cm + cables + external power supply
October 2017	Second release of the CO2 sensor2Supply Voltage: ±1,8V2Input Signal: Triangular Wave ±1VDimensions: 8x8x1.8 cm (including battery and electrochemical cell)
July-August 2018	Calibration at ENEA laboratories3RMSECV of 192 ppm; measure duration 30"3
January 2020	Final device4Calibrated, ready to use, managed by smartphone4



# UCL: Characterization of UCL and ENEA devices

- The resistance interface has been used for characterization into the gas chamber.
- The characterization of the functionalized PPy-based dies (from Umons) have shown a detection threshold of 500 ppb to NH<sub>3</sub>. The goal is 100ppb. Fig.1 shows an example of measurement.
- The graphene-based dies (from ENEA) have a detection threshold of 50 ppb (see fig.2). The objective is 10 ppb.



Fig.1. Response of a polypyrrole sensor to 1, 5 and 10ppm of  $NO_2$  in air with 50% RH and a flux of 2nlpm.





## WP3: Energy Management (lead: IUNET)

## WP3:Major achievements

- **Development of ASICs** 
  - Low-power energy-efficient interface IC in 180 nm for synergistically harvesting from piezoelectric and electromagnetic harvesters (METU)
  - Battery management IC, voltage regulation and wireless charging in 0.35 µm CMOS (IUNET)
- **Development of micropower management modules** 
  - Emphasis on multi-source energy harvesting in sensor nodes (IUNET)
- **Development of electromechanical harvesters** 
  - Optimization of frequency up-conversion properties of EM and PZT Harvesters (METU)
  - Development of automatic test-benches for flexible piezoelectric transducers (G-INP)
  - Piezoelectric Force Microscopy) characterization of Piezoelectric nanowires (G-INP)
  - Validation of models of piezoelectric composites (ZnO NWs in polymer matrix) (G-INP)
- Energy management at the acquisition system level based on microcontrollers for the acquisition/decoding of ECG signal

with Compressed Sensing for reducing energy usage (IUNET)







Step motor

Force sensor

Flexible piezo



New bending characterization setup available at G-INP

# WP3: Power/Energy Management

#### **Partner contributions**

#### **IUNET:**

- Development of a **power management ASIC**, with voltage regulation capabilities, battery management and wireless charging, interfaceable with unregulated energy harvesting ASICs (IUNET-UNIUD)
- Development of **battery management modules** based on off-the-shelf components interfaceable with energy harvesting circuits (IUNET-UNIUD)
- **Development of PCB modules** including single- and multi-source energy harvesting ASICs (IUNET-UNIBO)
  - Tested energy harvesting with 1<sup>st</sup> CONVERGENCE sensor board
- Acquisition system based on conventional microcontroller for the acquisition/decoding of ECG signal based on Compressed Sensing for reducing energy requirements in data acquisition and transmission (IUNET-POLITO/UNIBO):

# WP3: Energy management – (IUNET UNIBO + UNIUD)

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#### Last period

Development of a new PCB module (tested on CEAs first ) hosting the multi-source energy harvesting ASIC and load management circuitry

Experimental validation

Joint tests with IUNET-UNIUD's battery management module for providing a harvester-to-battery-to-load solution





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# WP3: Energy management – (IUNET UNIBO + UNIUD)





## WP3: G-INP Piezoelectric NW Harvesters

### A new automatic **test-bench was developed to characterize flexible piezoelectric transducers** (Necessary for accurate and comparable characterization):

The new set-up reduces errors related to the clamping of devices, integrates a force sensor and allow the bending of more rigid devices

#### PFM (Piezoelectric Force Microscopy) characterization of Piezoelectric nanowires Development of models of piezoelectric composites (ZnO nanowires immerged in polymer matrix) and experimental validation:

Models including piezoelectricity, semiconducting properties and surface traps Validation via measurements on rigid devices under compressive forces (~5N)



## WP3: METU piezo and EM sources

#### **Development of energy harvesting ASIC:**

- Low-Power Energy-Efficient Interface IC Designed in 180 nm HV CMOS Process Capable of Synergistically Harvesting Energy from Both PE and EM Harvesters
  - ✓ Achieves More than 60% Power Conversion Efficiency with Load Independency

### Prototyping and experimental validation of electromechanical energy harvesters suitable for wearable configurations:

- Frequency up-conversion properties of EM and PZT Harvesters are optimized
  - ✓ EM Harvester converts 1.8 Hz input vibration to 12 Hz and generates 3.4 mW power
  - ✓ PZT Harvester converts 1.8 Hz input vibration to 35 Hz and generates 0.12 mW power.







# WP3: Efficient energy management algorithms and subsystems (IUNET UniBO-PoliTO)

**IUNET-BO/IUNET-PoliTO:** Acquisition system based on conventional microcontroller for the acquisition/decoding of ECG signal according to the Compressed Sensing paradigm



*Encoder side*: Applying developed optimized techniques (*rakeness, zeroing*) the energy required to compress the signal can be reduced, shutting down sensors and ADC when not needed, by a factor from 1.5 to 40 at a given performance level

**Decoder side**: Optimal trade-off (*energy vs reconstruction quality*) explored in the reconstruction of ECG signal. **Identification of the OMP algorithm as the best trade-off reconstruction strategy** 

#20

algorithm iterations

Results will be included in D 3.4 "Report on energy management policies, algorithms and sub-systems compatible with planned demonstrators", expected at M36 (leader: IUNET)



PhysioNet project

MIT-BIH database

record 100, signal #1

# WP4: Energy efficient wireless communications

#### Cellular Narrow Band-IoT communication technology for BAN (G-INP)

#### **Results of the last period**

Measurements with a real 4G NB-IoT network (1NCE-Munich) Application of software techniques for power optimization: eRDX, PSM (Power Saving Mode)

Non IP data transfer over the LTE Control plane.

#### **Overall Scientific results**

Power and energy consumption evaluation. For 128 bytes block: standard mode 1000µWh, with Release assistance: 100µWh ! The NB-IoT transceiver can be used for 10 years with a 2.5 Ah AA battery.

#### Setup for BLE tests (EDI)

BLE performance evaluation in densely deployed radio environment (2.4 GHz)



Antennas for radio communication and energy harvesting were designed and integrated on CEA substrate (G-INP)

### Participants: ETHZ, IUNET, ENEA, Tagliafferi, EDI, IMT, UBVT, TTU Deliverables Status

**D5.1 Report on algorithms for sensor data fusion from WP1 and WP2** (ETHZ) - M24 - Completed

**D5.2** *Report on predictive models* and personalized feedback strategies (TTU) – M30 – Completed – Coordinator revision. D5.2 sections related to T5.2 tasks are:

- 5.2.1 Cardiovascular signals (TTU)
- 5.2.2. Cardiovascular system Cardiovascular System: Models and Modelling (UBVT)
- 5.2.3. Anomaly detection and situational awareness algorithms (ENEA)
- 5.2.4 Algorithms to Expose the Personal Activity Index (ENEA, Tagliaferri)

**D5.3. Design of data processing centralized architecture, including data security and privacy** (ENEA) - **Completed** – Coordinator revision

D5.5 Report on acquisition schemes devised in T5.4 with regard to the saving in the number of bits needed to identify the signals and to the level of security intrinsically achievable. (IUNET) – M30 - Completed – In revision

**D5.4 Algorithms optimisation and models validation by using real data from WP7** (UTBV) – M36 - In progress

### **Major achievements**

## Providing Cardiovascular Blade pressure Waveforms: Measurements, Parameter Extraction, Clinical indications

- Measurement of radial bioimpedance radial form and Clinical experiments. The algorithms has been developed so as to enable continuous monitoring of the signals of interest: blood pressure (radial / central arterial), heart rate, arterial tension, cardiac output, breathing rate
- New solutions of measurement electrodes provided
- Transforming of Radial Bioimpedance Waveforms into Aortic Blood Pressure Waveforn



Aortic blood pressure transfer function (TF) in frequency domain







A waveform sample of measurement results from the database of East-Tallinn Central Hospital: a central aortic blood pressure CAP(t), B - electrical bioimpedance EBI of radial artery,  $Z_r(t)$ , and c – electrocardiogram ECG(t), where • indicates the timing of ECG excitation signal and • indicates the moment of response to the excitation (certain delay exists between the excitation and response)

### **Major achievements**

#### Models and Modelling of Cardiovascular System

The reduced-order 0D model employed is a whole-body circulation model. It contains a heart model, the systemic circulation and the pulmonary circulation models.

An advanced personalized model working under patient-specific conditions has been implemented, able to compute various clinically relevant measures of interest: arterial resistance, arterial compliance, dead volume of the left / right ventricle, stroke work, ventricular / atrial / arterial elastance, arterial ventricular coupling, pressure-volume loop, etc and to provide early prediction and categorization of risks cardiovascular diseases (Fig.)

- Anomaly Detection and Situational algorithms development
- Algorithms for Personal Exposure indexes extraction for the correlation between the physical human body parameters and environmental parameters (pollutant gases, RH, temperature and particles)











### **Major achievements**

#### **Data Fusion Algorithms for Environmental Sensors**

A data-fusion based node-level calibration algorithm was developed and evaluated for commercial  $O_3$  and  $CO_2$  sensors aiming to eliminate human interference on the accuracy of the sensors when used as a wristband as requested in WP7.

**Results** show (*i*) the need for sensor arrays ( $O_3$ , VOC and temperature) for accurate gas (O3 and CO2) sensing in a wristband setting; and (*ii*) the algorithm measures ambient  $O_3$  and  $CO_2$  concentrations with an error of **4.3 ppb and 64 ppb** respectively, achieving a data quality sufficient for personal air pollution monitoring

A network-level rendezvous based environmental sensor array calibration algorithm developed by ETHZ is aiming to reduce error accumulation in multi-hop sensor array calibration in order to support potential gas sensor calibration in a mobile sensor network deployment.



Calibration error of sensor arrays depending on the number of hops in the rendezvous path

### **Major achievements**

*Cloud* and *Fog algorithms* for data fusion from Environmental sensors

Algorithms evaluation- A dataset collected by sensor arrays which are mounted on top of streetcars, of the public transportation network in the city of Zurich. The 7 sensor arrays include an O3, a CO and a temperature sensor. References for these phenomena are provided by two governmental monitoring stations.



Evaluation setup for multi-hop calibration (from left to right): sensor arrays inside a sensor box; sensor box mounted on top of a streetcar; locations of sensor measurements and rendezvous between sensor arrays

### **Major achievements**

#### High efficiency data processing architecture for development of a unified platform

- This Cloud Platform have to gather all the data streaming resulting from each monitoring device. These devices will be part of IoT and related services for a Quality-of-Life and/or for paradigm changes in the medical field.
- The approach proposed by CONVERGENCE dictate that part of the information processing and storage could be local, while another part is communicated and processed in the cloud, letting the user to decide the optimal solution always granting a high level of privacy and security of the data.
- By their associated data collection and data analytics, the CONVERGENCE systems are expected to enable personalized advice and assistance, concerning health and interaction with the environment.



### **Major achievements**

### Efficient sampling and compression (IUNET, EDI)

- Evaluation of the compression level introduce by the Compressed Sensing (CS), and comparing with conventional DSC schemes in the case study of a single-lead ECG signals. The results highlight how the proposed DSC scheme is capable of attaining low code rates with a minimum amount of digital hardware.
- The possibility of using CS as a physical-layer method to embed security properties in the acquisition process. An encryption strategy is relying on the fact that any receiver attempting to decode the CS measurements must perfectly know the sensing matrix used to encode the original signal in the acquisition block.
- Application of chaining techniques (the idea that every piece of encoded information incorporates a summary of previous pieces of information) that will improve the privacy level of CS acquisition, and will provide a solution for secure data transmission between an IoT node and the gateway.







Block scheme of an encoder and a decoder based on chained CS



# WP7: Applications scenarios, validation and planning of field trials

### ENEA + UCBM + UNICA + IUNET + TAGLIAFERRI SRL

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## Wp7 Concept & Technological framework

### 3 Different scenarios.... A unified framework. Development using baseline sensor tech.



**Frailty:** Monitoring frail people gait for assisted living and rehabilitation purposes based on IMU sensors.



**Coronary Artery Disease:** Monitoring CAD patients with non-contact wearable ECG for extended follow up



Active Life: Promoting & Improving Active life for asthma patients, elderlies and active population removing air pollution barriers



## WP7 benefit from WP2, WP5 and WP6 Technologies

Convergence include a multistage signal processing chain.

From sensor raw data..... To high semantic value information for the user... exploiting edge computing paradigm.



### Active Life: Goals

Active Life: Improving and promoting Active life for childrens, elderlies, asthma patients and active population





## Active Life: Research & Technology Outcomes

Long term deployment in WP1/2 have allowed to develop:

- Testing and assemblying IMUs for EDI activity recognition platform
- Optimal calibration length and location (see De Vito et al., Sens and Act, B. Chem, 2018, and De Vito et al., Sens and Act, B Chem 2020)
- A neural dynamic calibration have been developed using 3 weeks of calibrating data (parameters optimized through long term deployment outcomes)

Algorithmic and SW devolpment in WP5 have allowed to develop:

- Accurate machine learning components for Activity recognition in EDI
- Adaptive recalibration strategies that can be implemented for long term mobile (and fixed) deployments (see De Vito et al., Submitted to Pattern Recognition Letters, 2020)
- A personal activity aware exposure index have been developed joining activity related breath rates and pollutant concentrations
- A MongoDB + NodeJS + Leaflet based IOT device management backend and Geo-Front ennd
- 2 separate Apps developed by ENEA and EDI will be refactored for interacting so to build geolocalized personal exposure and pollution maps





## Active Life: Validation Plan

4 MONICA Devices have being co-located with mobile truck analyser in Portici (NA) DEC-FEB Devices have been calibrated and will be sent in RIGA where....

12 Volunteers will carry MONICA during their mobility sessions (including running activities)

Data will be stored in remote backend facilities in ENEA

Local functional validation will be carried out for Convergence integrated platform.











### **Adptive Calibration Results**







- Multivariate calibration through neural networks
- Performance worsening due to sensors and concept drifts
- Calibration adaptation receiving regular or opportunistic updagtes by rendez vous with more performing instruments or, remotely, by pollutant concentration prediction models

### Cardiovascular Diseases Scenario



### A novel contactless ECG Monitoring device, wearable

Test conducted vs conventional SoA Device

### Cardiovascular Diseases Scenario: Performance and comparison

		UCBM device	SoA	]
Electrodes	Number	3	3 and more	-
	Typology	Capacitive	Conductive/capacitive	-
	Interaction	Applicable onto tissue	Skin-contact	power consumption 0.01 W
Size			Comparable	supply voltage of $\pm$ 1.8 V
Power		Comparable		Size 20 cm <sup>2</sup>
Validation for active life		No	Available for some prototype	
Validation	for specific	Running	Not significant	1
diseases				
Signal		ECG-like	ECG-like (ECG with at least 9	
			electrodes)	

Clinical Trial: next slide

### Cardiovascular Diseases Scenario: Clinical trial

UCBM Ethical Committee approved the trial on March 2018 the 5<sup>th</sup> Protocol number 28/18OSS ComEtCBM





Signals registered with the UCBM device have been compared with the ECG signals acquired using a portable device based on the AD8232, a commercial integrated signal conditioning block for ECG monitoring.

It uses 3 standard wet electrodes and is designed to extract, amplify, and filter small bio-potential signals in the presence of noisy conditions, such as those created by motion or remote electrode placement.

Comparison between ECG and ECG-like

Sinus rythm detection Pacemaker complexes Supraventricular extrasystoles Ventricular extrasystoles Heart rate PR Interval (ms) QRS complex (ms) QT interval (ms) ST tract anomalies T wave anomalies Significative Q wave Signal quality for diagnostic purposes

### Cardiovascular Diseases Scenario: CT Results

A good correlation between HR and HRV values obtained analyzing the data recorded using both the contactless device and the AD8232-based device: HR correlation presents a coefficient of determination R<sup>2</sup> of 0.9 and HRV correlation presents a R<sup>2</sup> of 0.81.

**Correlation between HR obtained analyzing data from contactless device and AD832 device** 







### Neurdegenerative Diseases Scenario

During the last year, UniCA worked on three main aspects:

•Definition of the details of the protocols to be followed for the platform trial with patients, including the adoption of surrogate systems for the unavailable parts (in a sufficient number), if needed. The clinicians that can be involved in the project have been identified and the protocol is being written (not finished)

• Possibility of using textile electrodes for the EMG signal acquisition

•Development of Android apps able to capture data in real time from commercial magneto-inertial measurement units (Muse, 221e, Italy) and custom ECG monitoring device, exploiting Bluetooth classic connection, to be eventually used as surrogate devices for the high-level tests of the framework.

Pani, A. Achilli, A. Spanu, A. Bonfiglio, M. Gazzoni, A. Botter "Validation of polymer-based screenprinted textile electrodes for surface EMG detection", has been accepted for pubblication in IEEE Transactions on Neural Systems & Rehabilitation Engineering.

### Neurdegenerative Diseases Scenario

- Multiple sensors (inertial and sEMG) were used by IUNET for evaluating the risk of fall associated to involuntary blocks of patients affected by neurodegenerative diseases (freezing of gait in Parkinson's Disease)
- Tests were performed on a group of 32 PD patients of different age, gender and disease stage, and on a control group of 10 healthy persons.
- Patients were enrolled at the Hospital Policlinico Umberto I of the Sapienza University. They were monitored under the supervision of two doctors, during a 7 m long Timed Up and Go (TUG) test, under (ON state) and not under (OFF state) dopaminergic treatment. The test was carried out in a free living-like environment reproducing a domestic setting, characterized by the presence of obstacles which usually elicits FOG (e.g. narrow corridor, open door, furniture).



## Neurdegenerative Diseases Scenario

Classification of three gait states (regular gait –RG-, rest, FOG) was obtained implementing algorithms based on the use of two thresholds in the amplitude of K.



Rest (0-14 s), regular gait (14-50 s) and long FOG (50-225 s) intervals of a typical recorded trace.

The distinction of the rest state and the FOG from the RG is trivial.

Furthermore, in the rest state the K amplitude is negligible also respect to FOG, as outlined in the inset of Fig. 2.

## **Deliverables Status**

Deliverables

- **D7.1 Requirements Definition Document for Wearable systems** –[M6] **Done, report**
- D7.2 Validation Planning for Active Life Scenario- [M24] Done, report
- D7.3: Validation Planning for CAD Scenario- [M24] Done, report
- **D7.4**: Validation Planning for Frailty Scenario [M24] *Done,* report
- **D7.5 Validations Report on wearable systems** [M32] **Delayed**

## Prolongation objectives

03/20: High temporal resolution colocation acquisition (2Months) for mobile sensors calibration

05/20: Calibrated Monica Platform Delivery to EDI for Active life validation purposes (together with EDI Activity recognition)

06/20: Validation of neurodegenerative scenario finalization

07/20: Final assessment of validation outcomes from Active life and Neurodegenerative diseases scenario.

9/20: Final Review and Dissemination event (Summer Schort course in Naples co-sponsored by Italian Association for Sensors and Microsystems and International Society for Olfaction and Chemical Sensing).